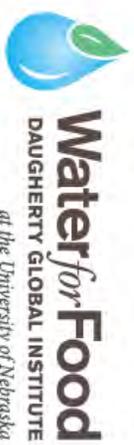


Intersection Between Drought and Human Health in the Southwest

Jesse E. Bell, PhD

Claire M. Hubbard Professor of Health and Environment
Faculty Fellow, Daugherty Water for Food Global Institute
Department of Environmental, Agricultural, and Occupational Health
College of Public Health
University of Nebraska Medical Center





**What words come
to mind when you
think of drought?**





**How many of those
words can connect
to health?**



“Floods kill people, but droughts destroy civilizations.”

~U.S. Government Official at a Drought Meeting



Drought has shaped our society



Dust Bowl of the 1930s



Dust Storm 3/26/35, Naponee Nebr.



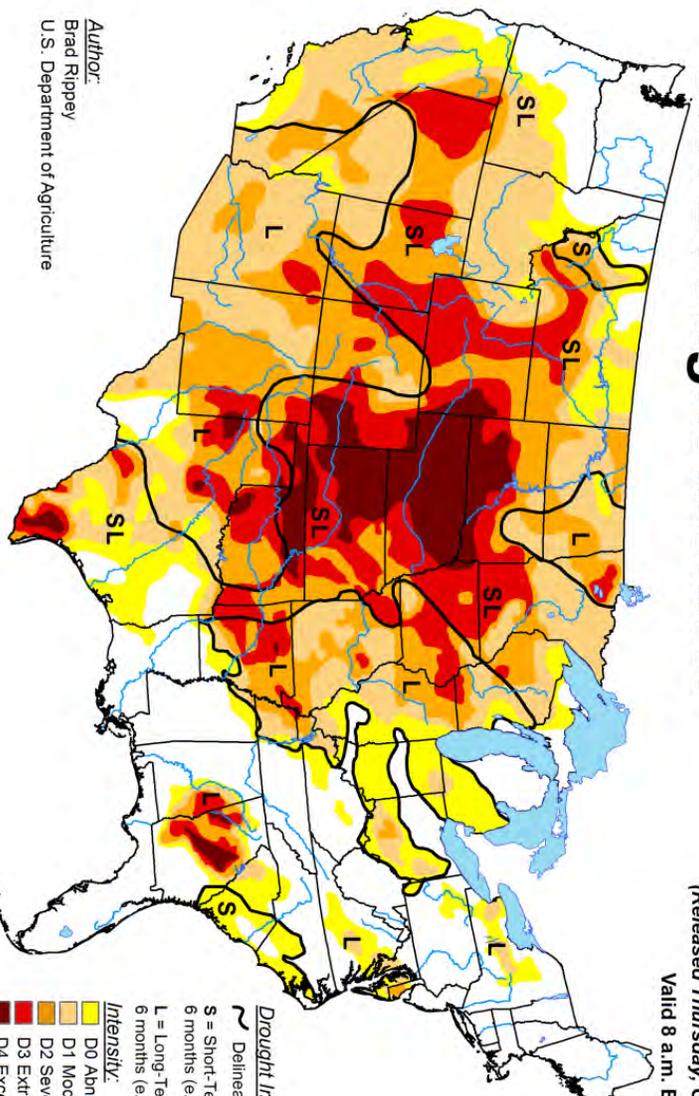
2012 Drought

U.S. Drought Monitor

October 23, 2012

(Released Thursday, Oct. 25, 2012)

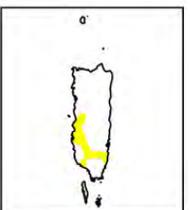
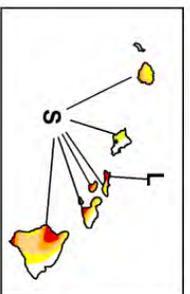
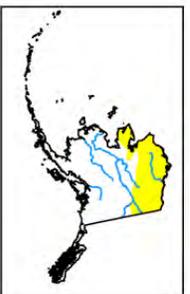
Valid 8 a.m. EDT



Author:
Brad Rippey
U.S. Department of Agriculture

- Drought Impact Types:**
- ~ Delineates dominant impacts
 - S = Short-Term, typically less than 6 months (e.g. agriculture, grasslands)
 - L = Long-Term, typically greater than 6 months (e.g. hydrology, ecology)
- Intensity:**
- Yellow: D0 Abnormally Dry
 - Light Orange: D1 Moderate Drought
 - Orange: D2 Severe Drought
 - Dark Orange: D3 Extreme Drought
 - Red: D4 Exceptional Drought

The Drought Monitor focuses on broad-scale conditions. Local conditions may vary. See accompanying text summary for forecast statements.



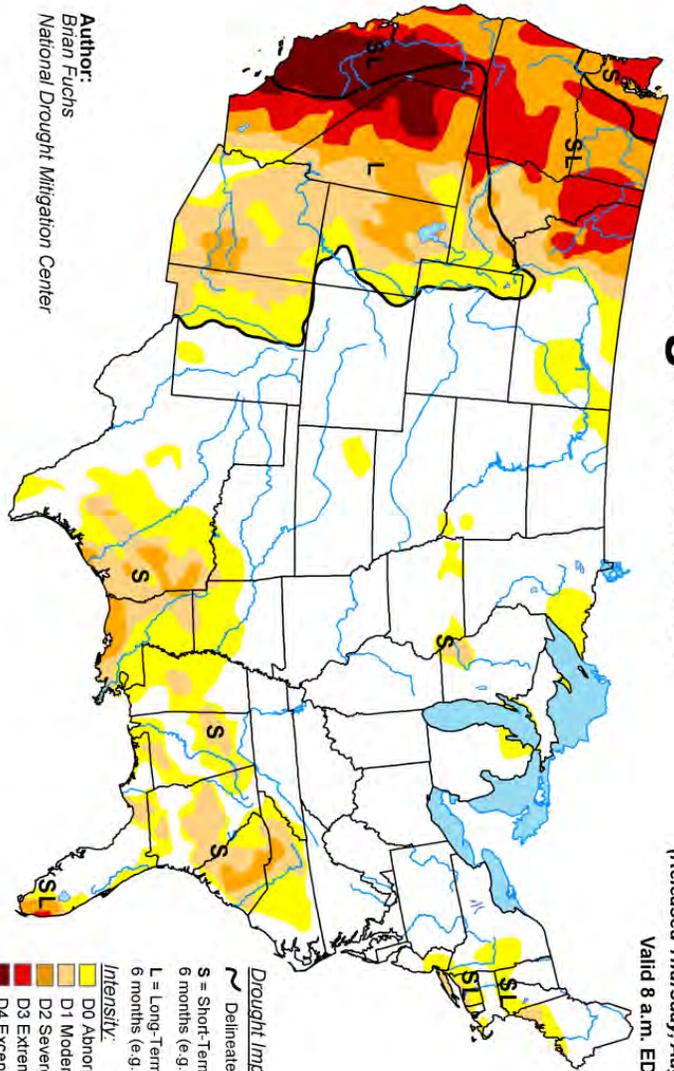
<http://droughtmonitor.unl.edu/>



2011-2017 California Drought

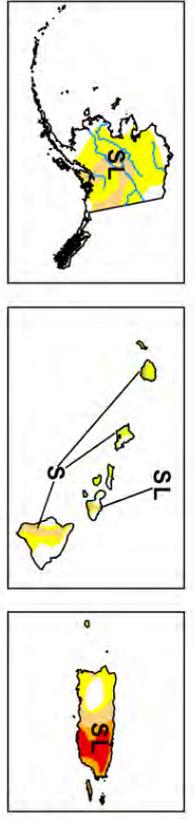
U.S. Drought Monitor

August 11, 2015
 (Released Thursday, Aug. 13, 2015)
 Valid 8 a.m. EDT



Author:
 Brian Fuchs
 National Drought Mitigation Center

- Drought Impact Types:**
- ~ Delineates dominant impacts
 - S = Short-Term, typically less than 6 months (e.g. agriculture, grasslands)
 - L = Long-Term, typically greater than 6 months (e.g. hydrology, ecology)
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The Drought Monitor focuses on broad-scale conditions. Local conditions may vary. See accompanying text summary for forecast statements.





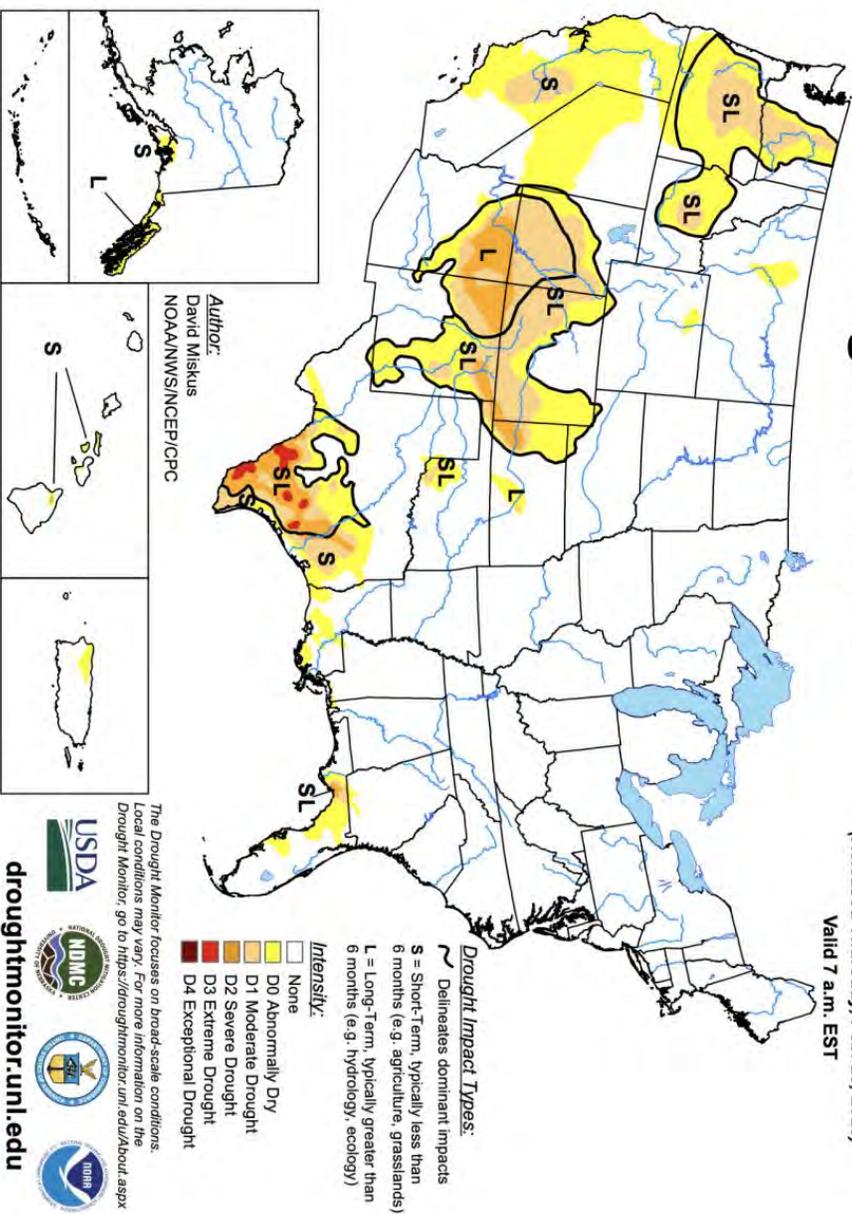
<http://droughtmonitor.unl.edu/>



Current Conditions

U.S. Drought Monitor

February 18, 2020
 (Released Thursday, Feb. 20, 2020)
 Valid 7 a.m. EST



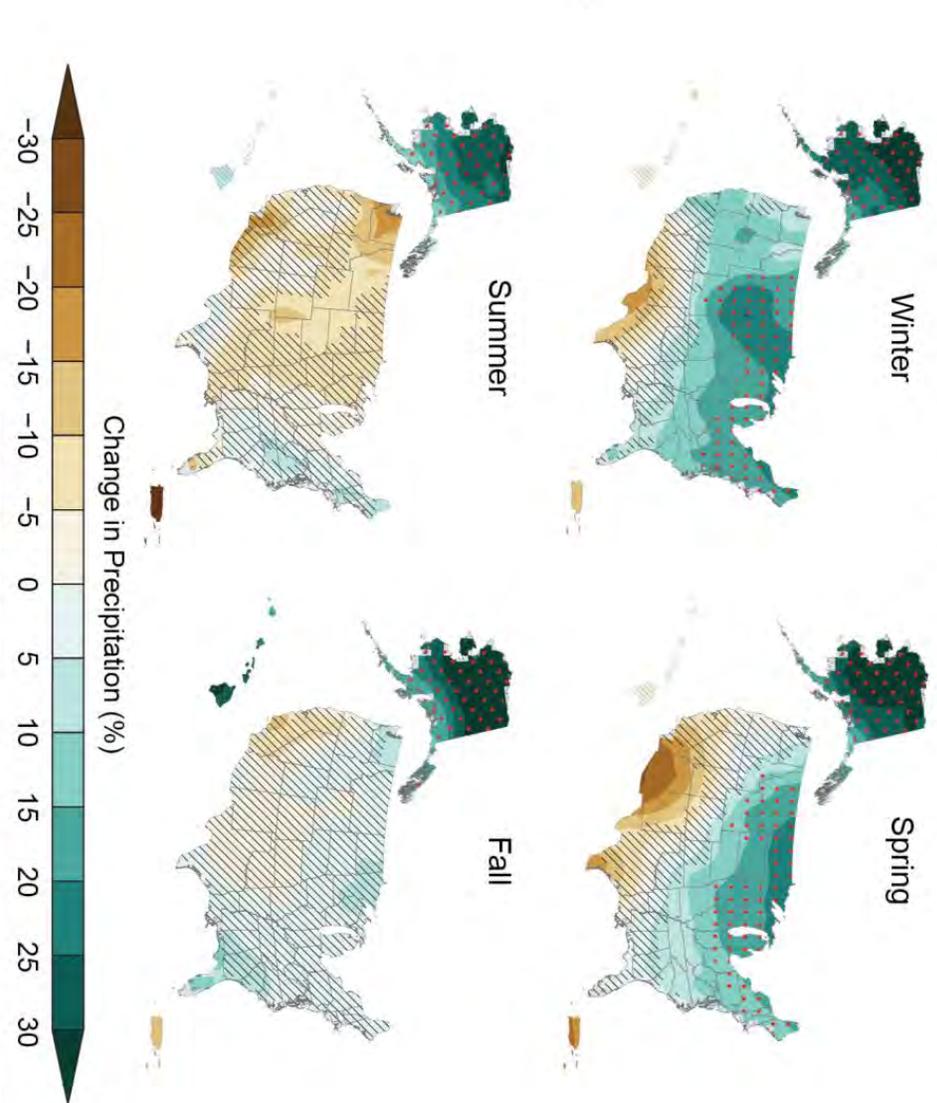
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 NDMC
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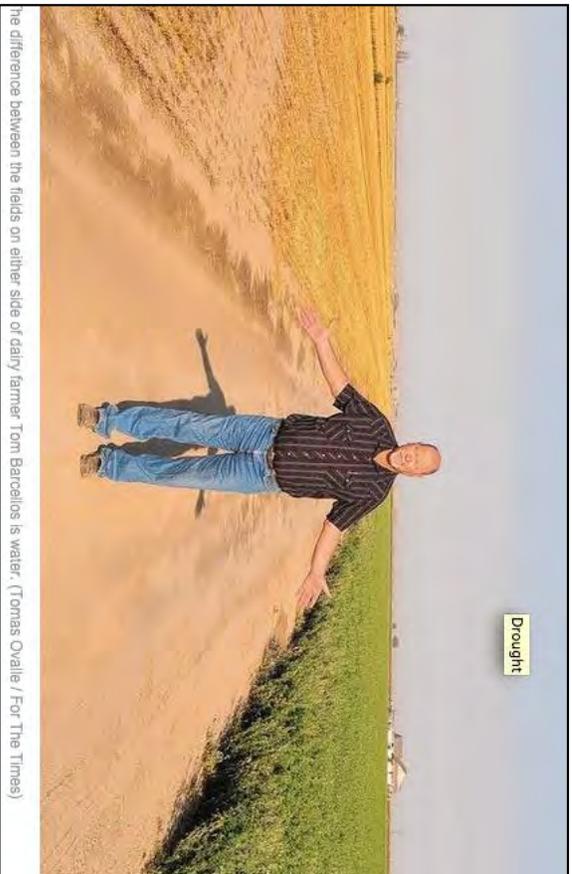


Droughts are changing

Late 21st Century, Higher Scenario (RCP8.5)



Connecting Drought to Health



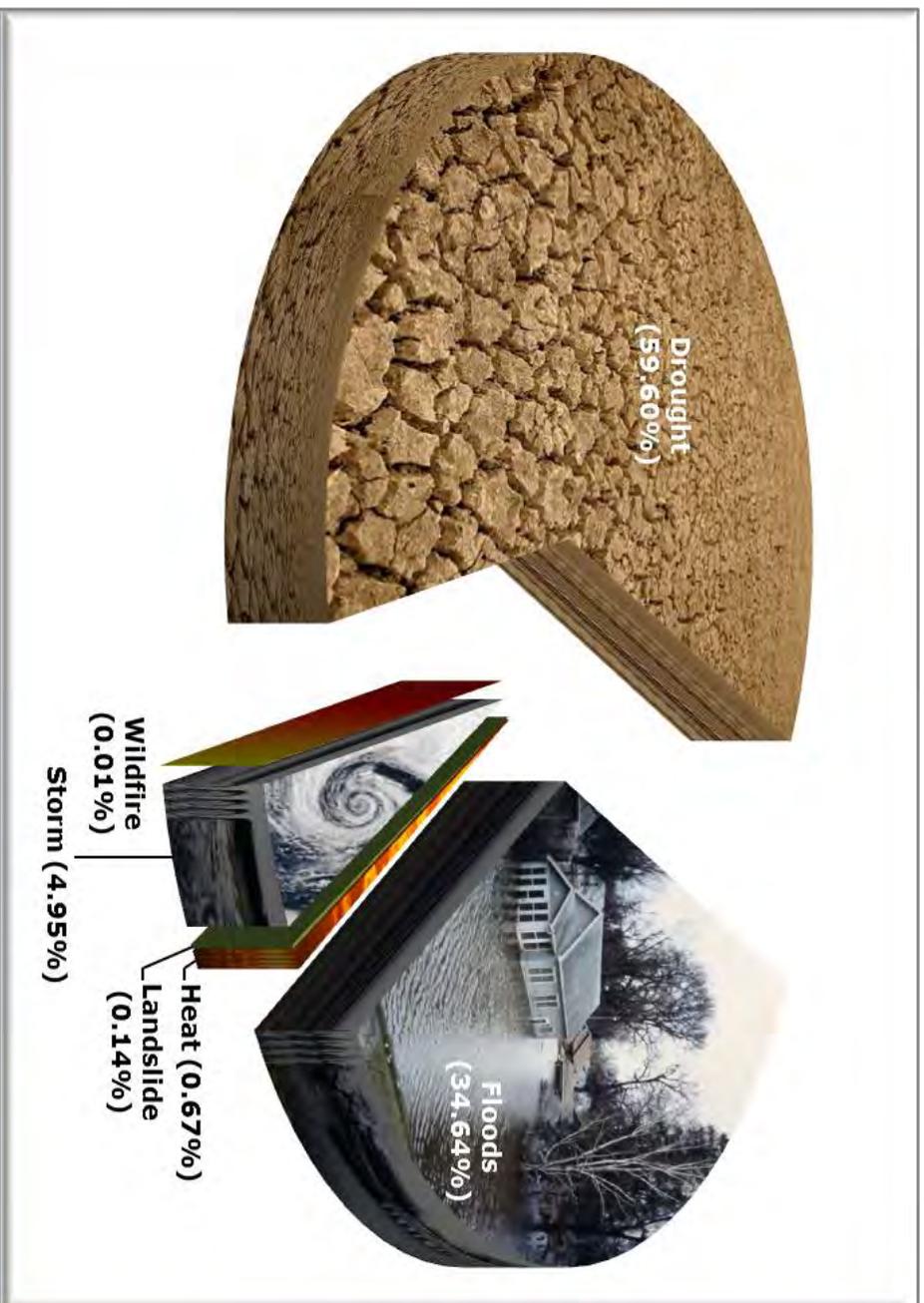
The difference between the fields on either side of dairy farmer Tom Barcellos is water. (Tomas Ovale / For The Times)



© John Fedele/Blend Images/Corbis



Percentage of disaster-deaths worldwide according to each category of climate-related hazard, (1900-2013)

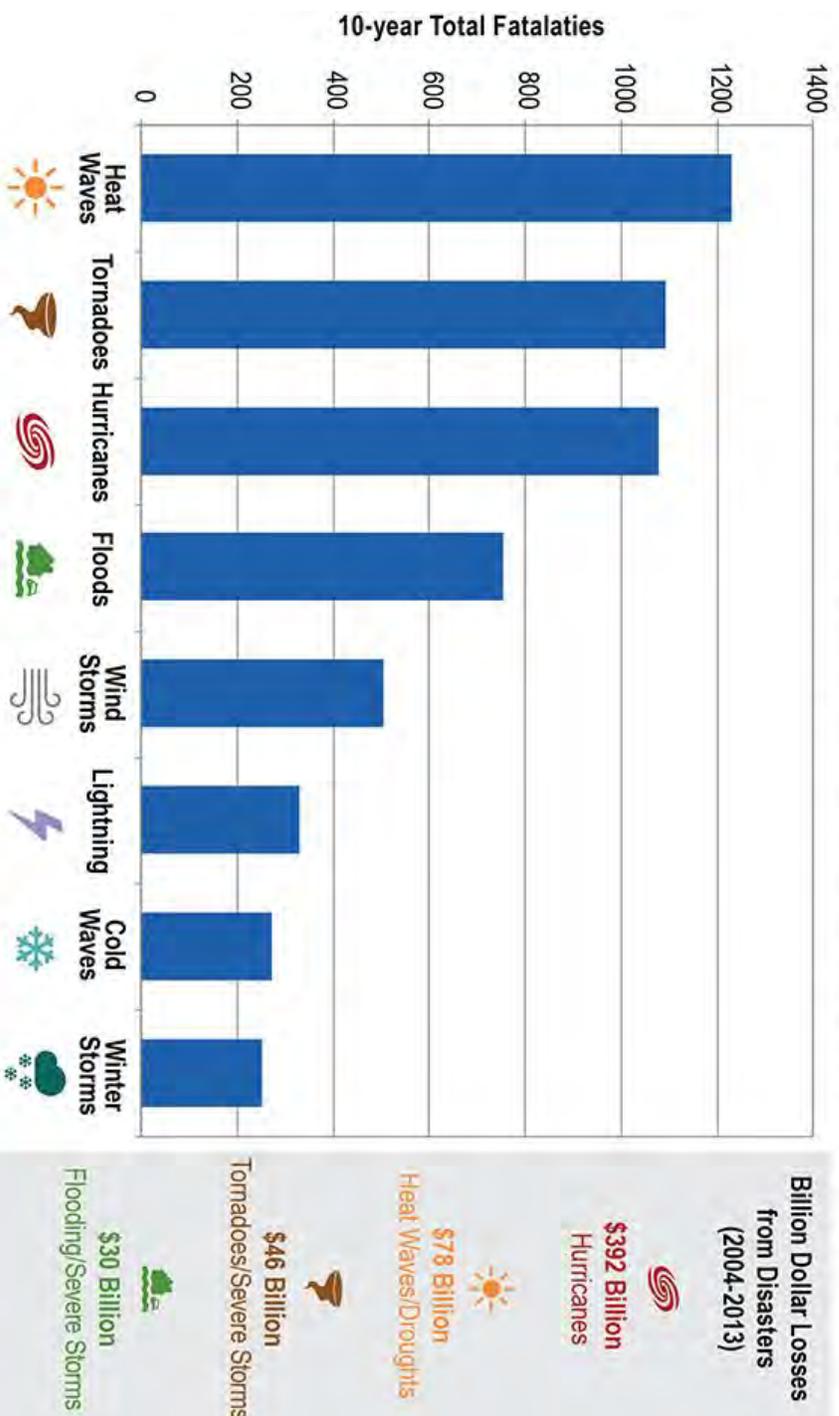


Source: Adapted from EM-DAT: The OFDA/CRED International Database, Belgium 2012
Keim, ME Extreme Weather Events: the role of public health

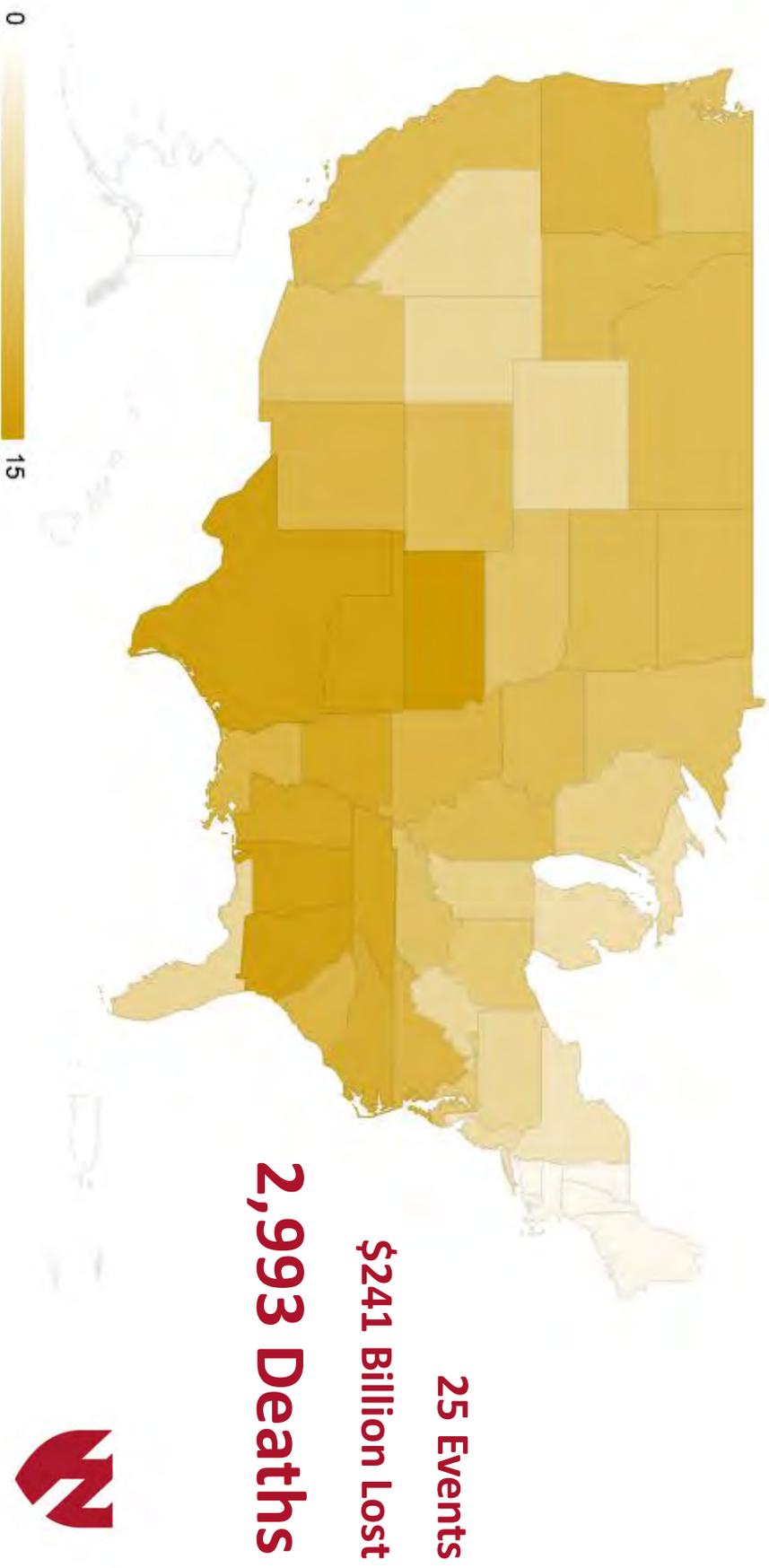


Drought Impact

Estimated Deaths and Billion Dollar Losses
from Extreme Events in the U.S., 2004–2013



1980-2018* NOAA Billion-Dollar Drought Disasters (CPI-Adjusted)



NOAA National Centers for Environmental Information (NCEI) U.S. Billion-Dollar Weather and Climate Disasters (2018). <https://www.ncdc.noaa.gov/billions/>

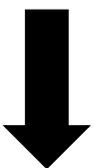


Health Surveillance Data

- ✓ Drought can be a slow evolving
- ✓ The impacts are not immediate
- ✓ Can require multiple steps for health outcomes
- ✓ Surveillance is not designed to connect drought and health

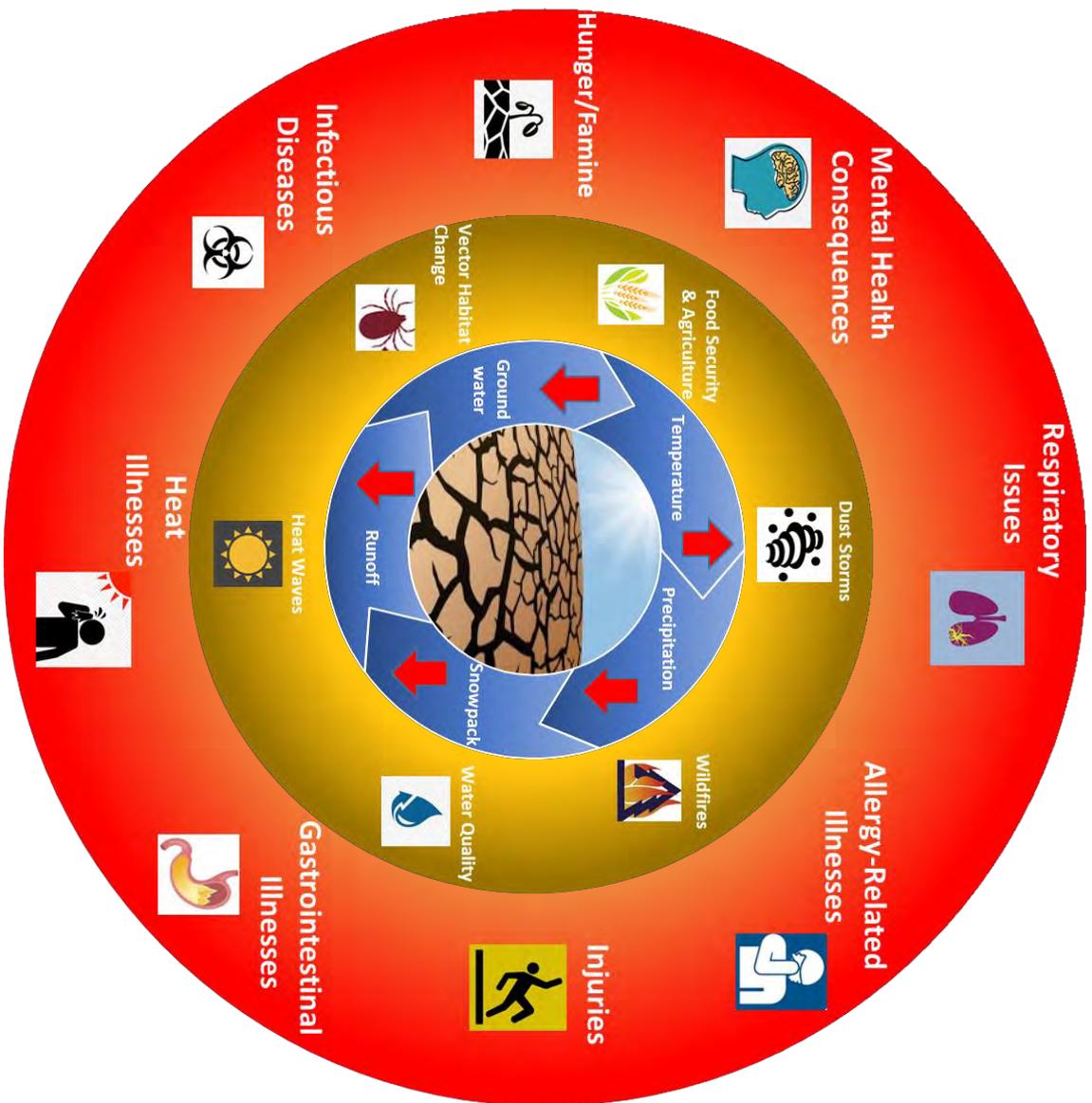
Drought →

?



Health Outcome





Environmental & Institutional Context

Drought Types

- Meteorological Drought
- Agricultural Drought
- Hydrological Drought
- Socio-economical Drought



Social & Behavioral Context

Water Supply

Local Environmental Conditions

Preparedness of Health Departments

Agricultural Management Practices

Power, Transportation, Communication and Healthcare Infrastructure

Exposure Pathways

- Increase in Dust and dust Storms
- More Frequent Wildfires
- Decrease in Water Quality and Quantity
- More Frequent and More Intense Heat Waves
- Change in Vector Habitat and Range
- Loss of Agriculture and Food Security

Health Outcomes

- Respiratory Issues
- Allergy-related Illnesses
- Injuries
- Infectious Disease
- Hunger/Famine
- Heat Illnesses
- Gastrointestinal Illnesses
- Mental Health Consequences

Social Determinants of Health

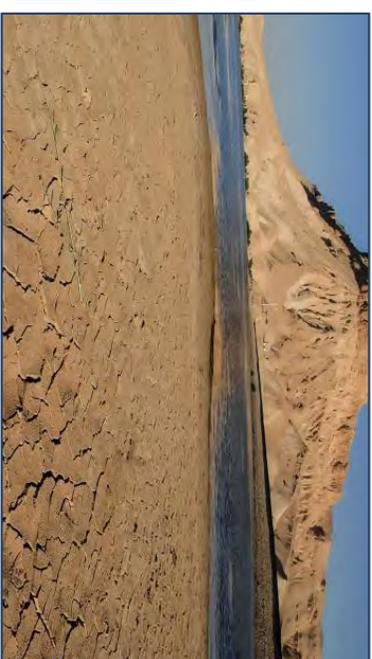
Occupation

Rural/Urban

Race/Literacy/Age

Dependence on Caregivers and Medication

Threat Multiplier



Compromised Quantity and Quality of Water

Surface Water



Courtesy of USGS

Groundwater



Courtesy of USDA



Secondary/Related Events

- Extreme heat
- Wildfires
- Dust storms/habooobs
- Rain/storm effects



Courtesy of USGS



Courtesy of FCC

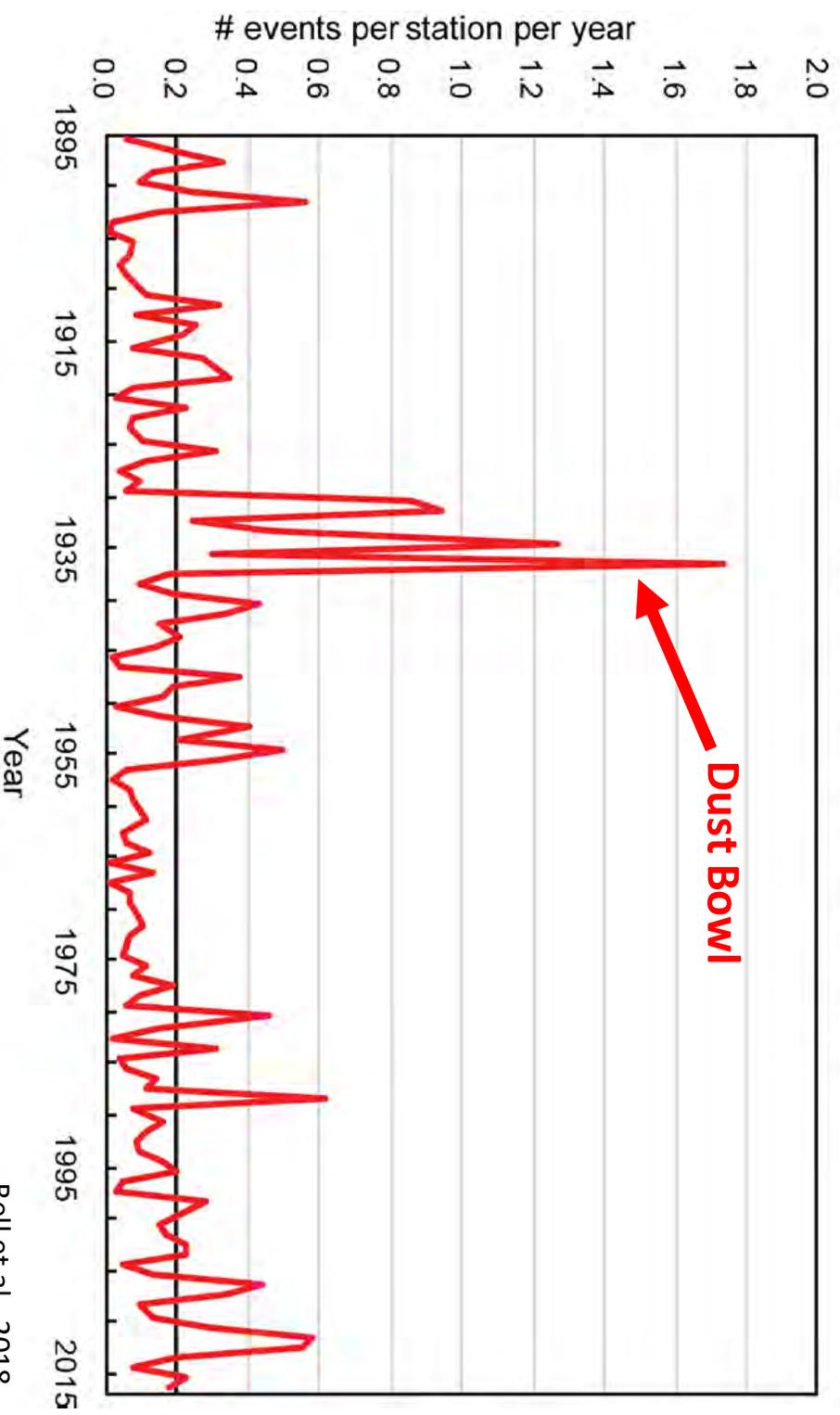


Courtesy of NOAA



Extreme Heat and Drought

Heat Wave Index: 4-day, 1-in-5yr



Bell et al., 2018



Increased Disease Incidence

- Infectious disease
- Chronic disease
- Vectorborne and zoonotic disease



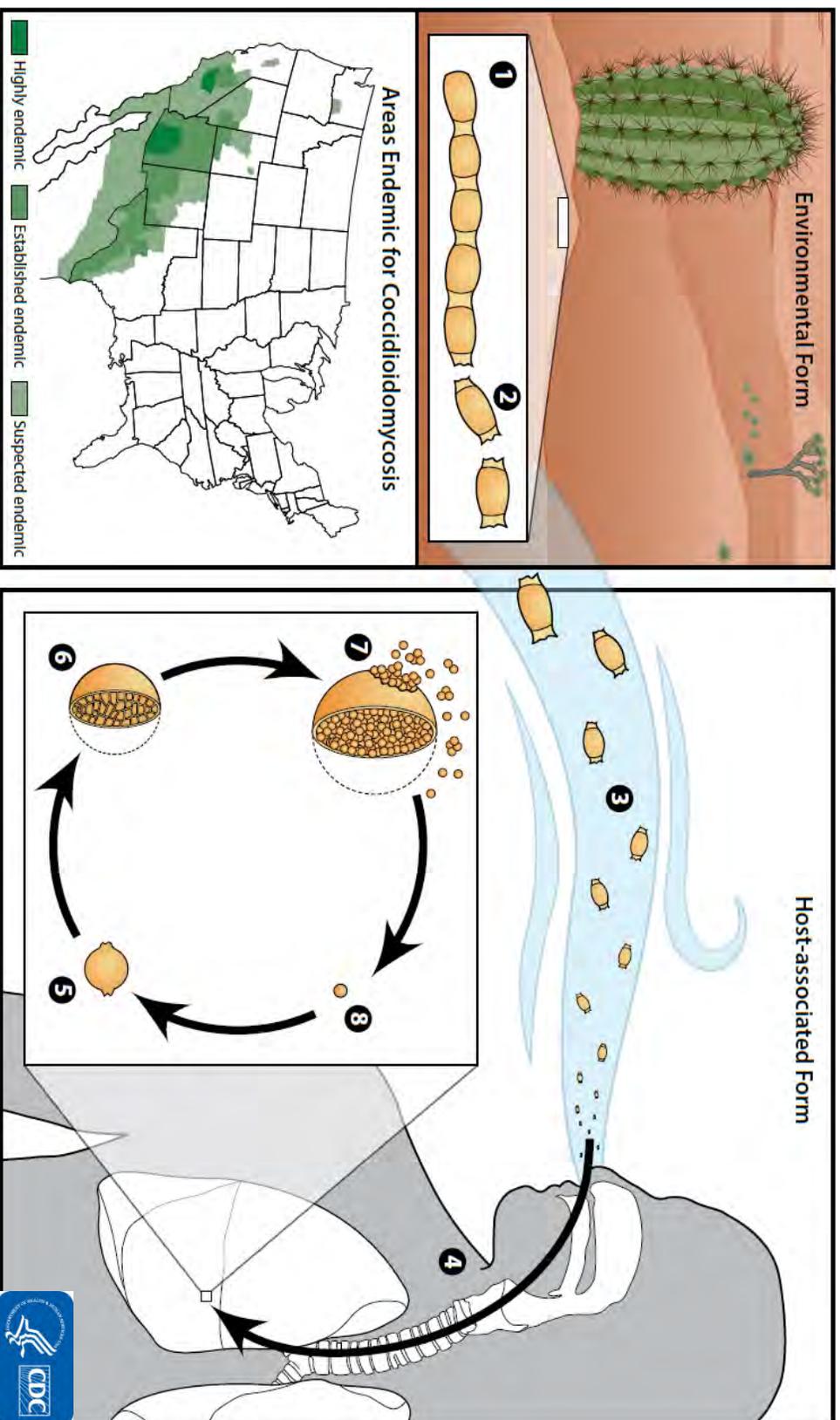
Courtesy of USGS



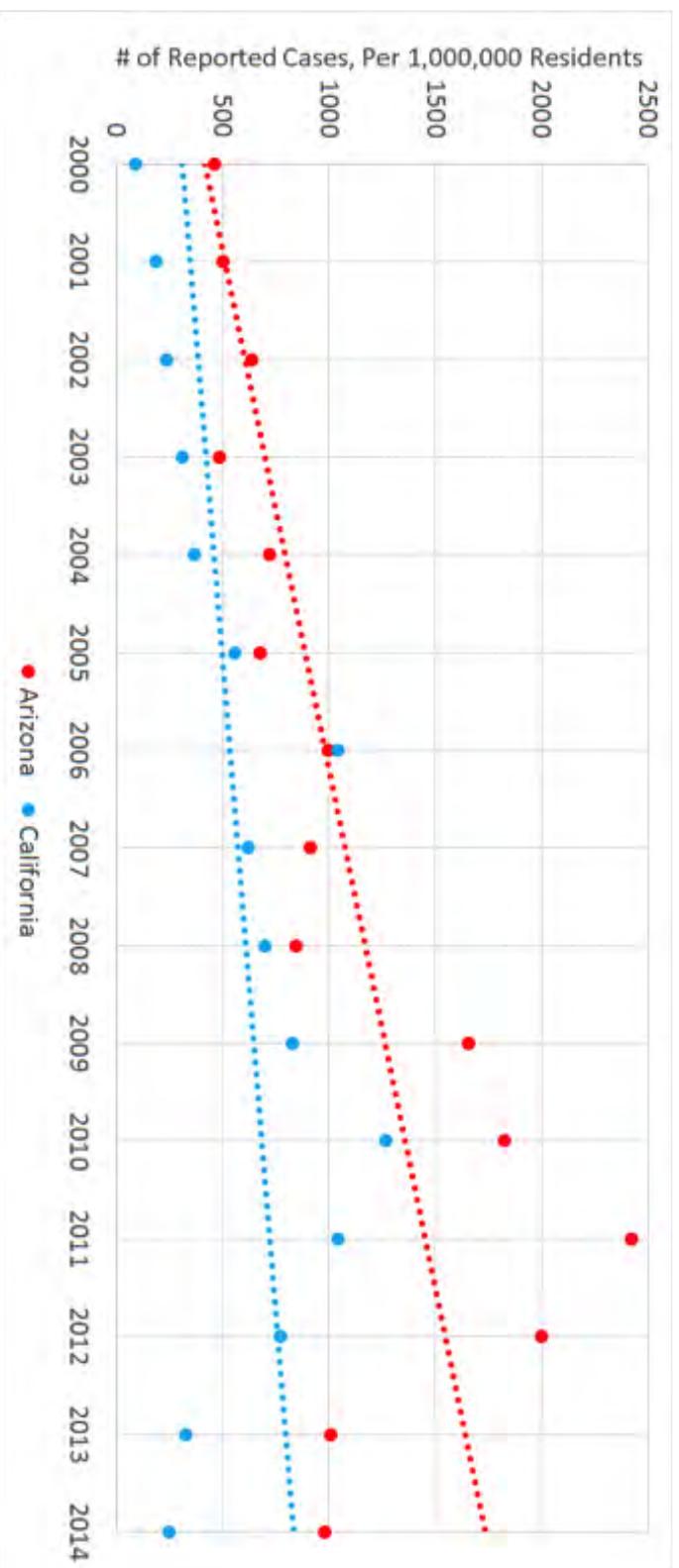
Courtesy of NSF



Life Cycle of Coccidioidomycosis



Increasing Incidence of Valley fever



Shriber, J., Conlon, K. C., Benedict, K., McCotter, O. Z., & Bell, J. E. (2017). Assessment of Vulnerability to Coccidioidomycosis in Arizona and California. *International Journal of Environmental Research and Public Health*, 14(7), 680.



Valley Fever



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Research Article
Relating Coccidioidomycosis (Valley Fever) Incidence to Soil Moisture Conditions
E.J. Coppersmith ¹, J. E. Bell, K. Benedict, J. Sriniver, O. McCricker, M.H. Cohen
Accepted manuscript online: 6 March 2017 | Full publication history
DOI: 10.1002/2016GH000033 | View on Crossref

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version of record will appear in Volume 1

Abstract

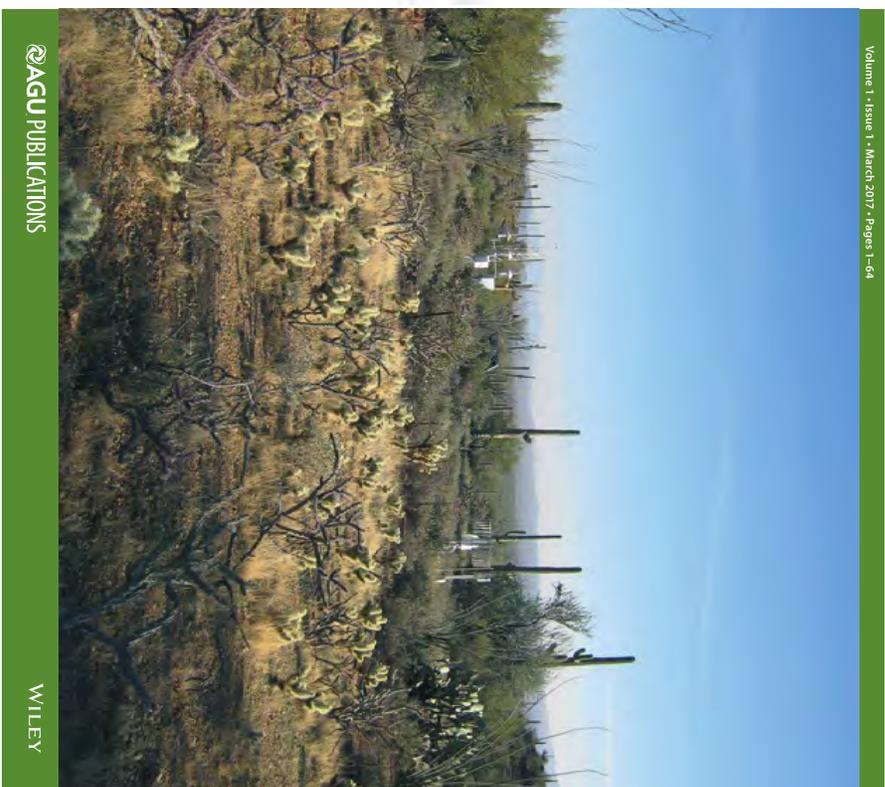
Abstract

Coccidioidomycosis (also called Valley fever) is caused by a soil-borne fungus, *Coccidioides* spp., in arid regions of the southwestern United States. Though some who develop infections from this fungus remain asymptomatic, others develop respiratory disease as a consequence. Less commonly, severe illness and death can occur when the infection spreads to other regions of the body. Previous analyses have attempted to connect the incidence of coccidioidomycosis to broadly available climatic measurements, such as precipitation or temperature. However, with the limited availability of long-term, *in situ* soil moisture datasets, it has not been feasible to perform a direct analysis of the relationships between soil moisture levels and coccidioidomycosis incidence on a larger temporal and spatial scale, utilizing *in situ* soil moisture gauges throughout the southwest from the U.S. Climate Reference Network (USCRN) and a model with which to extend those estimates; this work connects periods of higher and lower soil moisture in Arizona and California between 2002 and 2014 to the reported incidence of coccidioidomycosis. The results indicate that in both states, coccidioidomycosis incidence is related to soil moisture levels from previous summers and falls. Slight differences in the number of coccidioidomycosis cases are likely to be reported if previous winters have been especially wet or dry, depending on the location. This article is protected by copyright. All rights reserved.

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Additional Health Risks

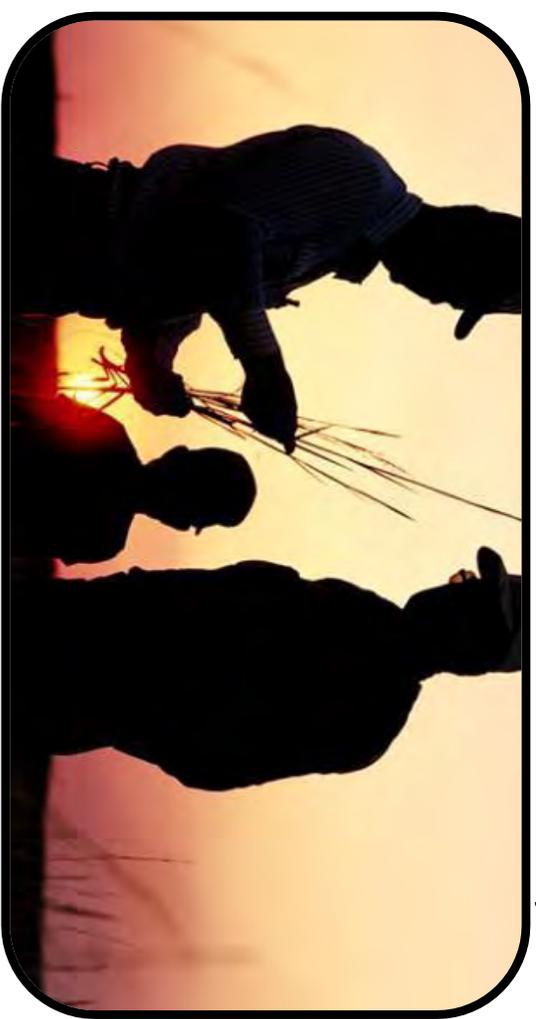
- Sanitation and hygiene
- Recreational risks
- Mental and behavioral health



Courtesy of CDC



Courtesy of USACE



Courtesy of House Committee on Agriculture



Complex Pathways: Mental Health

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KANSAS STATION OF THE YEAR

HOME NEWS WEATHER SPORTS COMMUNITY CONTESTS VIDEO CENTER REPORTS

Local

Kansas farmer on alarming suicide rate: 'Nothing gets farmers more down than a drought'

By: Emily Younger

Posted: May 21, 2018 09:34 PM CDT
Updated: May 21, 2018 11:34 PM CDT



Kansas farmer on alarming suicide rate: 'Nothing gets farmers more down than a drought'

2 minutes left

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nsw act

Farmer's recovery from depression which led to two suicide attempts shows cost of drought at family level

STEVE Germon left a suicide note on the porch and set about putting down calves he couldn't feed before turning the gun on himself. Then a wite screamed towards him, his 17-year-old daughter at the wheel.

JACK MORPHET

The Sunday Telegraph • JULY 1, 2018 1:00AM

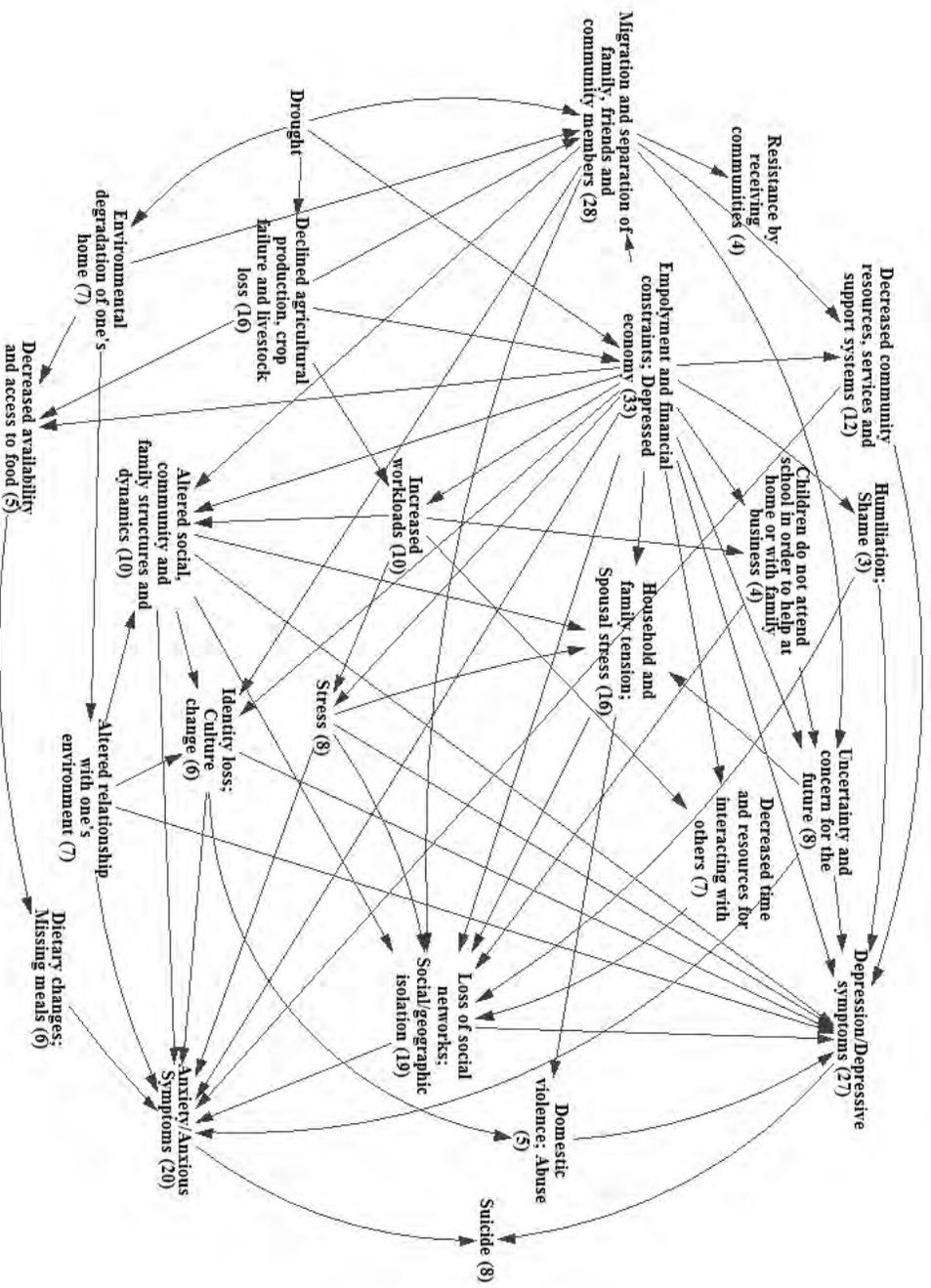


NSW smothered by severe drought

DAIRY farmer Steve Germon knows what it's like to be on the brink of suicide. He has been there twice in the past three years.

It saved him in 2015, but those lonely moments last year

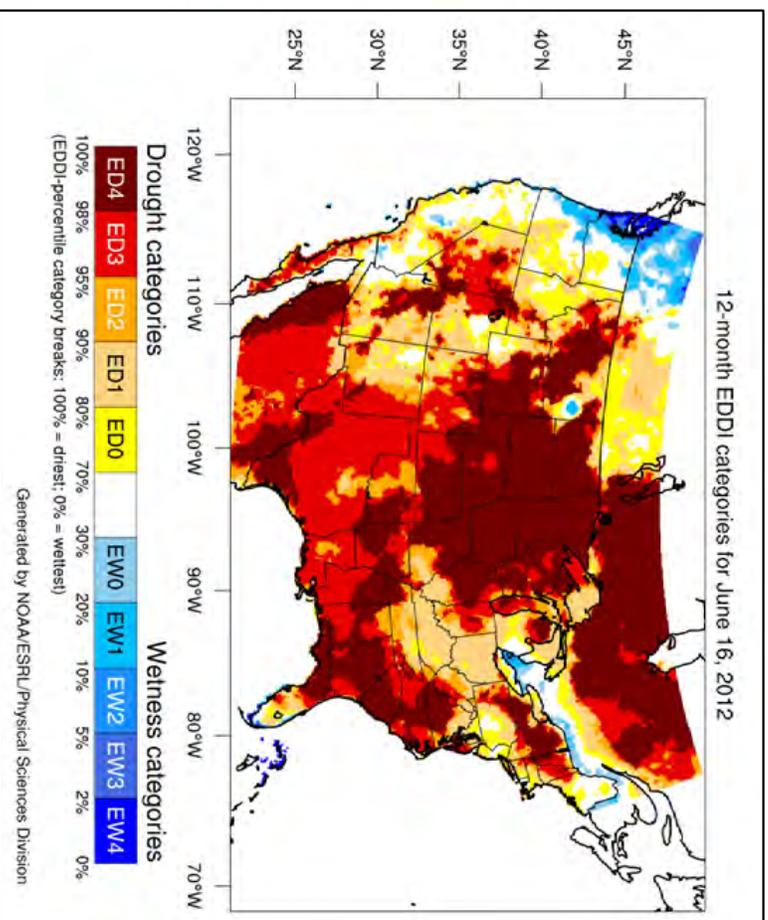
Causal Process Diagram



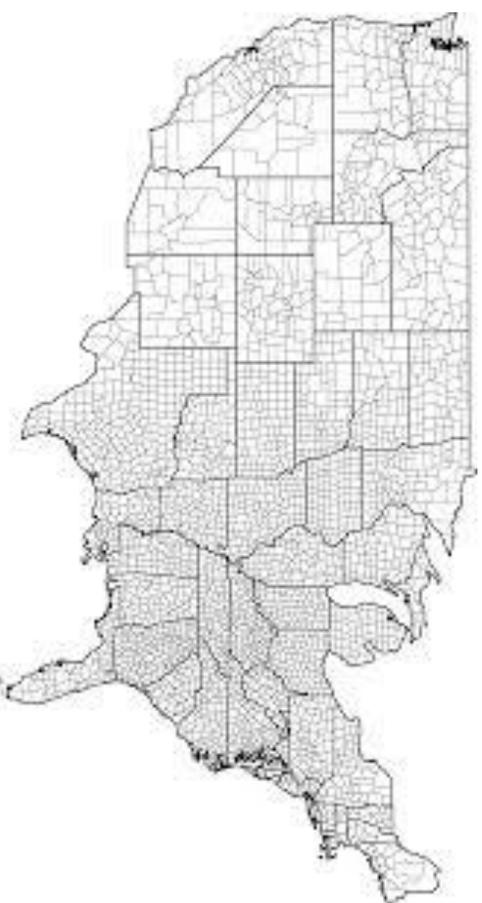
Vins, H., Bell, J., Saha, S., & Hess, J. J. (2015). The mental health outcomes of drought: a systematic review and causal process diagram. *International Journal of environmental research and public health*, 12(10), 13251-13275.



Drought and Mortality



County-level Mortality
1980-2014



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Lancet Planet Health. 2017 Apr;1(1):e17-e25. doi: 10.1016/S2542-5196(17)30002-5. Epub 2017 Apr 12.

Drought and the risk of hospital admissions and mortality in older adults in western USA from 2000 to 2013: a retrospective study.

Berman JD¹, Elish K², Beng RD³, Dominici F⁴, Bell ML¹

[Author information](#)

Abstract

BACKGROUND: Occurrence, severity and geographic extent of droughts are anticipated to increase under climate change, but the health consequences of drought conditions are unknown. We estimate risks of cardiovascular and respiratory-related hospitalization and mortality associated with drought conditions for the western U.S. elderly population.

METHODS: For counties in the western U.S. (N=618) and for the period 2000 to 2013, we use data from the U.S. Drought Monitor to identify: 1) full drought periods; 2) non-drought periods; and 3) worsening drought periods stratified by low- and high-severity. We use Medicare claims to calculate daily rates of cardiovascular admissions, respiratory admissions, and deaths among adults 65 years or older. Using a two-stage hierarchical model, we estimated the percentage change in health risks when comparing drought to non-drought period days controlling for daily weather and seasonal trends.

FINDINGS: On average there were 2.1 million days and 0.6 million days classified as non-drought periods and drought periods, respectively. Compared to non-drought periods, respiratory admissions significantly decreased by -1.99% (95% posterior interval (PI): -3.56, -0.38) during the full drought period, but not during worsening drought conditions. Mortality risk significantly increased by 1.55% (95% PI: 0.17, 2.95) during the high-severity worsening drought period, but not the full drought period. Cardiovascular admissions did not differ significantly during either drought or worsening drought periods. In counties where drought occurred less frequently, we found risks for cardiovascular disease and mortality to increase during worsening drought conditions.

INTERPRETATIONS: Drought conditions increased risk of mortality during high-severity worsening drought, but decreased the risk of respiratory admissions during full drought periods among older adults. Counties that experience fewer drought events show larger risk for mortality and cardiovascular disease. This research describes an understudied environmental association with global health significance.

Comment in

Understanding drought's impacts on human health. [Lancet Planet Health. 2017]

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Review Aspirin Use in Adults: Cancer, All-Cause Mortality, and [Agency for Healthcare Research...]

Review Screening for Skin Cancer in Adults: An Updated Sys [Agency for Healthcare Research...]

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Cited by 3 PubMed Central articles

Evidence for a link between the Atlantic Multidecadal Oscillation and ann. [Sci Rep. 2019]



Nebraska Study on Drought and Mortality: *Significant Positive Relationships*

| Age | Race | Gender | Mean | Mean IRR | 95% HPD Interval | |
|-------|-------|--------|---------|---------------|------------------|---------|
| 45-54 | white | Male | 0.00678 | 1.0068 | 0.00243 | 0.0106 |
| 45-54 | White | Female | 0.0109 | 1.0109 | 0.00604 | 0.0153 |
| 55-64 | White | Male | 0.00582 | 1.0058 | 0.00317 | 0.00872 |

Incidence Rate Ratio (IRR):

IRR less than 1 suggests decreasing mortality rates with increasing drought severity and larger than 1 suggests increasing mortality rates with increasing drought severity





What Connections Do You See?



Engagement





Centers for Disease Control and Prevention
CDC 24/7: Saving Lives, Protecting People™

DROUGHT AND PUBLIC HEALTH IN THE U.S.

Why drought matters

When drought affects a community, its devastating consequences can include decreased food and quality, and increased risk to complex, and costly.



CDC A-Z INDEX

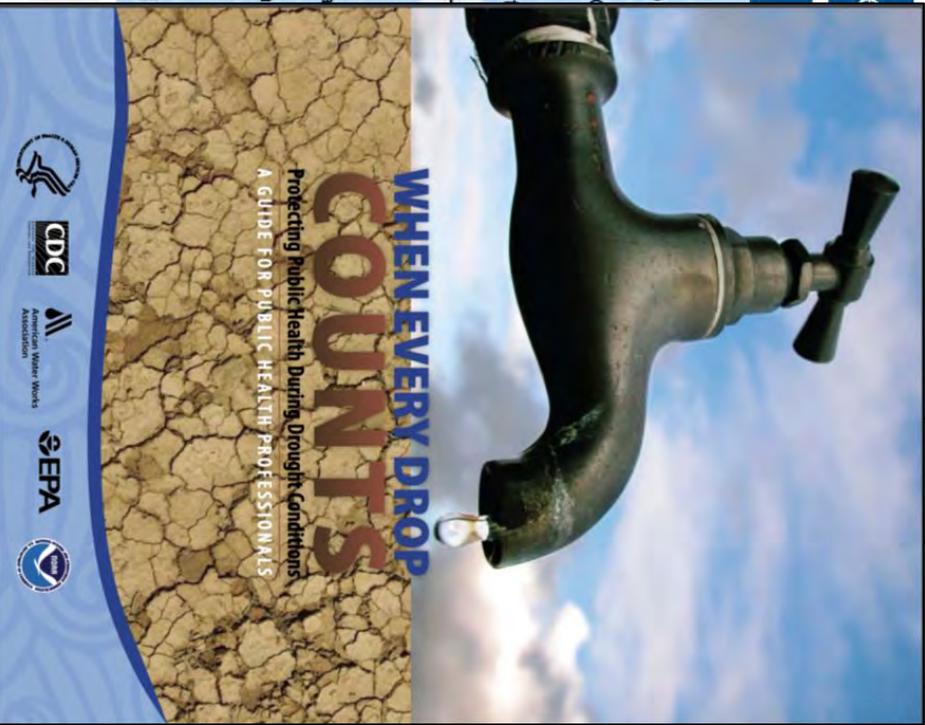


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WHEN EVERY DROP COUNTS

Protecting Public Health During Drought Conditions

A GUIDE FOR PUBLIC HEALTH PROFESSIONALS



the at-risk populations living within the affected area, and

Protect health

plants, animals, and the environment that drought can do:

- Exacerbate germs and respiratory illness
- Exacerbate occupational drought
- Exacerbate asthma or respiratory illness
- Exacerbate occupational drought

Intensify wild and dirt-borne diseases, increasing the number of people who are sick. This can be addressed and prevented by using in-fusion devices.

Preparation can help reduce the impact of drought on the National Oceanic and Atmospheric Administration (NOAA) system (NIDS) to identify ways to better understand health effects.



PREPARING FOR THE HEALTH EFFECTS OF DROUGHT

A RESOURCE GUIDE FOR PUBLIC HEALTH PROFESSIONALS



Center for Disease Control and Prevention
Environmental Health

NATIONAL DROUGHT & PUBLIC HEALTH SUMMIT

June 17-19, 2019 | Atlanta, GA

Thank you to our Summit Planning Partners:

Centers for Disease Control and Prevention (CDC)
National Integrated Heat Health Information System (NIHHIS)
Environmental Protection Agency (EPA)
Natural Resources Defense Council (NRDC)
UNL National Drought Mitigation Center (NDMC)



UNMC

COLLEGE
OF PUBLIC HEALTH

Summit

- Over 50 attendees

Topics Discussed

- Environmental Exposure
- Water Quality/Quantity
- Heat
- Air Quality
- Disease
 - Valley fever and West Nile
- Vulnerable Populations
- State, Local, and Tribal Health Departments
- Non-Government Organizations
- International
- Next Steps



Participants

| | | |
|-------------------------------------------------------------|------------------------------------------------------------|---------------------------------------------------|
| - American Geophysical Union | - Florida State University | - Pan-American Health Organization |
| - Arizona Department of Health Services | - Georgia Department of Public Health/Environmental Health | - U.S. Geological Survey |
| - Atlanta Regional Commission | - Metropolitan North Georgia Water Plant | - University Corporation for Atmospheric Research |
| - Carolinas Integrated Sciences and Assessments | - National Aeronautics and Space Administration | - University of Arizona |
| - CDC/Division of Environmental Health Science and Practice | - National Drought Mitigation Center | - University of Colorado at Boulder |
| - CDC/Mycotic Diseases Branch | - National Integrated Heat Health Information System | - University of Houston |
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| - Council of State and Territorial Epidemiologists | - NOAA/National Integrated Drought Information System | |
| - Emory University | - Oak Ridge Institute for Science and Education | |
| - Environmental Protection Agency | - Pala Band of Mission Indians | |



Outcomes

- **Building Collaboration**

- Establish local meetings and/or a yearly summit, which will focus on issues of drought, heat, health, and other related issues.

- **Communication and Education**

- Engage with climate and health communicators, including policymakers, who can assist in disseminating messages about drought to the wider public.

- **Data and Indicators**

- Assess drought indicators for scale and location, so that they can be adapted for health usage.

- **Coordination and Implementation**

- Identify interdisciplinary teams, and develop a community of practice that can act as a workgroup to achieve the goals of the implementation strategy.

- **International Synergies**

- Assess ongoing international activities and connect with international groups/efforts for drought and health. Integrate knowledge from existing efforts into future NIDIS workshops.

- **Research**

- Explore interdisciplinary mechanisms for collaboration on research questions.

- **Resources and Support**

- Create funding strategy, with designations for time, personnel, funds, and resources to address next steps.



Engagement Strategies

Public Health Preparedness



Emergency Preparedness



Healthcare Preparedness



Drought and Health Workshop Goals

- Share the current state of knowledge on drought and health
- Identify gaps and needs for evidence-based research, capacity building, and communication
- Engage and develop a drought and health community of practice
- Jointly develop a collaborative, multi-partner NIDIS Drought & Public Health Strategy that builds upon Summit outcomes.



Acknowledgements

UNMC Center for Preparedness Education

My Team

- Rachel Lookadoo, JD
- Keith Hansen, MBA

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- Qianting Li

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Mike Hobbins

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- Veva Deheza
- Rocky Bilotta

- Matt Roach
- Steering committee
- University of Arizona

- Rocky Bilotta

- Joel Lisonbee

All of the federal and academic partners
Everyone else...





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